

# Team Building

How sponsors and attendees benefit

A unique, tailored blend of theory and practical activities suitable for any team.

Designed to ensure all participants leave with a specific plan to continue team building back in the workplace.

After this programme, teams are more cohesive, more tolerant of each other and most importantly more productive.

The skills learnt make an immediate difference in team motivation and manageability.

*“In terms of skills, it was incredible the next day to receive e-mails with words and references to the tools delivered, and also in the verbal communication there was a clear reference to the work carried out with you. On top of this, the two days have created a buzz and a renewed energy within the team which will definitely reap its benefits in the mid and long term.”* Flavio Bucciarelli  
General Manager Sheraton Algarve

More details...

The understanding of teams and how they operate has never been more relevant. In recent years the world's most successful organisations have adopted less hierarchical structures and encouraged teamwork at every level, from the senior team to the front line.

Fully effective teams are essential to all organisations and there are many different types:

- Production teams
- Self-managing teams
- Virtual teams
- Senior management teams
- Cross functional teams
- Multi disciplined
- Short term single project teams

This course demystifies the overly complex science of Team Building through theory based discussion, group work and practical activities. The essential elements required of effective teams are identified, combined with the stages of team development delegates will develop strategies to move forward and systematically create successful teams, remedy poorly performing teams and take high performing teams to new levels of performance.

The Learning Objectives include:

- Identify what makes a good team and describe the characteristics of a high performance team.
- Analyse your 'team' dynamic and characteristics
- Clarify team development
- Motivation of teams and individuals
- Systematise the development of teams
- Identify the dynamics within your team
- Develop strategies to ensure optimum performance
- Identify appropriate influencing styles for individual team members.

- Potential difficulties to team building and appropriate actions to avoid them.
- Introduce team leadership skills
- Understand the contribution of each team member and identify any role gaps.

Format is a mixture of:

- Theory
- Group discussions
- Exploration of practical and relevant issues
- Development of Action Plans
- Experiential activities
- Post attendance work
- Pre and Post Course work options
- Post attendance Tutor support
- Individual and Group activities
- Personal Action Planning
- Follow up support options
- OPTIONAL: Motivational Audits, Team and or individual

Relevant audience:

- New teams
- Team with new members
- Team with low morale
- Team with retention issues
- Team in conflict
- Re-uniting team
- Re-energising management teams
- Uniting Remote teams
- Boost team spirit
- Better output required from team
- New challenge ahead for team

Timing: 1, 2, or 3 days

Numbers: 5-120 (client organisation only)